



You are cordially invited to participate in these events

2022 Kirkland JKA Shiina Katsutoshi Fall Seminar and François Gélinas Fall Tournament.

Tuesday, December 13 - Sunday, December 18, 2022

Guest Instructor From JKA Headquarters

Shiina Katsutoshi Shihan, 7th Dan



Tokyo, Japan

High Intensity Guaranteed

For more information contact: Angelo Massotti at 514 299 6354 or

jkaskd.amassotti@gmail.com





Seminar Schedule

| Dates | Time and Trainings | Location |
|----------------------------|--|--|
| Tuesday Dec 13, 2022 | 17h00 - 18h00 Black belts + Instructors training. 2nd Floor Room Reception Hall 18h00 - 19h00 White - Purple. All ages 19h00 - 20h00 Brown - Black. All ages | Kirkland 16950 Boul. Hymus,Kirkland, H9H 3W7 |
| Wednesday Dec 14,, 2022 | 16h30 - 17h30 Black belts + Instructors training. | Chalet Ecclestone 130 Argyle, Kirkland, H9H 3J2 |
| | 18h00 - 19h00 White - Purple. All ages 19h00 - 20h00 Brown - Black belts. All ages | Kirkland 16950 Boul. Hymus,Kirkland, H9H 3W7 |
| Thursday Dec 15, 2022 | 17h00- 18h00 Black belts + Instructors training. 2nd Floor Room Reception Hall Qualification Theory. 18h00 - 19h00 White - Purple. All ages | Kirkland 16950 Boul. Hymus, Kirkland, H9H 3W7 |
| Friday Dec 16, 2022 | 19h00 - 20h00 Brown - Black. All ages 17h00 - 18h00 Black belts + instructors training 2nd Floor Room Reception Hall 18h00 - 19h00 White - Purple. All ages 19h00 - 20h00 Brown - Black. All ages | Kirkland 16950 Boul. Hymus, Kirkland, H9H 3W7 |
| Saturday Dec 17, 2022 | 9H00 - 10h00 White - Purple. All ages 10H00 - 11H00 Brown - Black belts + Instructors training 11h00 - 12h00 Qualification Test 12h00-12h30 Lunch Break for all 12h30 - 16h00 François Gélinas Fall Tournament. (All day big gym) | Kirkland 16950 Boul. Hymus, Kirkland, H9H 3W7 |
| Sunday Dec 18, 2022 | 10:00 - 12h00 Kyu Test 12:00 - 13H00 Dan Test Reception Hall. | Kirkland 16950 Boul. Hymus, Kirkland, H9H 3W7 |







SEMINAR TRAINING FEES:

| Levels: | Age: | Per Day \$ CDN | Full Camp \$ CDN (\$5 rebate for each additional household family member) |
|--|-----------------------|----------------|--|
| White - White/yellow stripe. Beginners - 9th kyu | <18 <u>></u> 18 | \$10 \$15 | \$30 \$40 |
| Yellow - Purple | <18 | \$20 | \$60 |
| 8th kyu - 4th kyu | <u>></u> 18 | \$25 | \$70 |
| Brown | <18 | \$25 | \$70 |
| 3 - 1 kyu | <u>></u> 18 | \$30 | \$90 |
| Black Belts | <18 | \$35 | \$120 |
| | ≥18 | \$40 | \$150 |

KYU EXAMINATION: Kindly follow your Dojo Instructions and consent.

DAN EXAMINATIONS:

Eligible Testing: Shodan to Godan Level

JKA Passport & JKA Card membership required.

Dojo Instructor's consent required

Registration Fees: Sho Dan: \$250 CDN Yon Dan: \$450 CDN

Ni Dan: \$300 CDN Go Dan: \$750 CDN

San Dan: \$350 CDN

Participants must register for the full camp to be eligible for Dan testing.

Official JKA QUALIFICATION COURSE:

Eligible Testing: Levels D & C for each Instructor, Judge & Examiner.

Criterias: See prerequisite requirements. Dojo Instructor's consent required.

Minimum 20 yrs of age & Nidan Level & up.

JKA Passport & JKA Card membership required.

Registration Fee: Includes examination and registration fee.

Instructor: C or D Level \$200 CDN Judge: C or D Level \$200 CDN

Examiner: D Level \$250 CDN. C Level \$300 CDN

Participants must register for the full camp to be eligible for Qualification testing.





Pre - Registration - Seminar

| Name: | | Rank: |
|---------------------------|---------|--|
| Dojo: 🗆 Kirk | kland . | JKA Dojo Other |
| Event Training: | | ate your choice. You may modify your selection at any time. Whole Camp or |
| Tuesday Dec 13, 2022 | | 17h00 - 18h00 Black belts + Instructors training. 18h00 - 19h00 White - Purple. All ages 19h00 - 20h00 Brown - Black. All ages |
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| Saturday Dec 17 2022 | | 9H00 - 10h00 White - Purple. All ages 10H00 - 11H00 Brown - Black. All ages 11h00 - 12h00 Qualification Written & Practical Test 12h00 - 12h30 Lunch 12h30 - 16h00 François Gélinas Fall Tournament. |
| Sunday Dec 18, 2022 | | 10h00 - 12h00 Kyu Testing 12H00 - 13H00, Dan Testing |





KYU & DAN EXAMINATIONS:

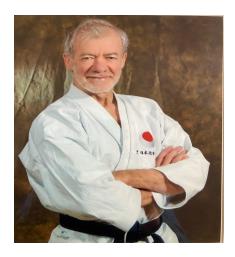
| Indica | ate you | r choic | е. | | | | |
|--------|-----------------------|------------|---|--|--|--|--|
| | Kyu L | Kyu Level | | | | | |
| | Shoda | Shodan | | | | | |
| | Nidan | | | | | | |
| | Sanda | ın | | | | | |
| | Yonda | ın | | | | | |
| | Godai | า | | | | | |
| | ate you uctor e | | C Level C Level D Level C Level D Level D Level D Level | DURSE: | | | |
| PART | γ: □ | l will att | end. Free fo | r ALL. Minors must be accompanied by an adult. | | | |







2022 Kirkland JKA François Gélinas Fall Tournament



<u>Tribute:</u> This tournament is named after Francois Gelinas Sensei. He was the original founder/instructor of Kirkland JKA karate. A dedication and recognition to his lifetime commitment. A highly exemplary figure in the true JKA Karate way.

Objective: To allow all our members more opportunity to compete to further develop their skills and character. Also, practice opportunities for our judges and officials.

<u>Eligibility:</u> Open to all JKA / JKASKD-Canada / Dojo members.

Categories: All Kyu and Dan Levels.

Ages: 5-6, 7-8, 9-11, 12-14, 15-17, 18-21, 22 - 45, 45+

Subject to mergers.

Awards: Medals and trophies will be awarded.

<u>Rules</u>; The **JKA Rules and Regulations** will be used at the tournament, subject only to necessary variations.

Please note that mouth guards and white fist protectors are mandatory for contestants in kumite events. Safety glasses are not allowed in kumite events, in case of breakage.

Registration Deadline: December 16, 2022. Send earlier if you can.







Tournament Participation Fees:

| For all | <u>Ages</u> | <u>Kata</u> | Kumite | <u>Team Kata</u> Free | Team Kumite Free |
|---------|---------------------|-------------|--------|--|------------------------------|
| levels | <18 yrs | 10\$ | 10\$ | if you are registered | if you are registered for |
| | Adults: ≥ 18 yrs | 20\$ | 20\$ | for Kata and Kumite. Otherwise, \$10/team member | _ |

TOURNAMENT CATEGORIES:

| Levels | Age | Kata | Kumite | Team Kata 1 | eam Kumite |
|--------------------|----------|--|---|--|--|
| Beginners - 10 kyu | All ages | Basics - from Heiko Dachi Jodan choku zuki, gedan barai, mai geri | n/a | n/a | n/a |
| 9th kyu | All ages | Taikyoku shodan | Sanbon - Jodan | Taikyoku shodan | n/a |
| 8th kyu | All ages | Heian Shodan | Sanbon - JC | Heian Shodan | n/a |
| 7th kyu | All ages | Heian Nidan | Kihon Ippon JC | Heian Nidan | n/a |
| 6th kyu | All ages | Heian Sandan | Kihon Ippon JCM | Heian Sandan | n/a |
| 5th kyu | All ages | Heian Yondan | Kihon Ippon JCMK | Heian Yondan | n/a |
| 4th kyu | All ages | Heian Godan | Kihon Ippon JCMK | Heian Godan | n/a |
| 3rd-1st kyu | All ages | Elimination: Heian Godan Tekki Shodan Finals; H5,T1, Bassai Dai. | <18 Jyu ippon -jcmk ≥ 18 yrs Shobu ippon | Team Choice | 3 member team Male & Female separate |
| Black belts | All ages | Elimination; Flag & Point system Bassai dai, Jion, Enpi, Kanku-da Finals; Point system Tokui | Shobu ippon | Team Choice Male & Female separate. | 3 member team. Male & Female separate. |

Kyu Team katas may be a mixture of male and female.





Pre Registration - Tournament (Participants, Judges & Officials)

| Name: _ | | | | . Male Female |
|----------|---------------------|-------|-------------------------|-------------------|
| Dojo: | ☐ Kirkland JKA Dojo | Other | Dojo Name: _. | |
| Rank/lev | /el: | | Age: | |
| Select : | ☐ Individual Kata | ☐ Ju | dge - Level | or Trainee |
| | ☐ Individual Kumite | ☐ Tab | le support s | staff / Officials |
| | ☐ Team Kata | ☐ Tea | am Kumite | |
| Team Ka | ata Name: | | | |
| Team M | lembers Name | | Rank | Category |
| 1. | | | | |
| 2. | | | | |
| 3. | | | | |
| | | | | |
| Team Ku | ımite Name: | | | |
| Team M | lembers Name | | Rank | Category |
| 1. | | | | |
| 2. | | | | |
| 3. | | | | |





Waiver/Release Agreement

The undersigned is aware that there are risks and dangers inherent in participating at the 2022 Kirkland JKA Fall Tournament. In consideration of being permitted to participate, I hereby release and waive any claims against Kirkland Municipality, Kirkland JKA, the Japan Karate Association, JKA-SKD Canada, and any and all clubs, schools, instructors, members, judges, officials, officers, directors and representatives relating thereto (collectively the "Releases") for any injury or damage which I may suffer while participating, including travel to and from the Tournament.

I understand and agree that this Release will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions, those causes of action that I may have or have had, whether past, present or future, whether now known or unknown and whether anticipated or unanticipated by me, arising out of my participation at the Tournament. This Release shall be binding upon me, my heirs, successors, administrators, assigns and legal representatives.

I assume full responsibility for any and all risk of death or personal injury or property damage, which I may suffer while participating at the Tournament. I expressly acknowledge and assume any and all risk that my participation at the Tournament may subject me to personal injury to bodily harm.

I confirm that I have no past or present medical condition, injury or other physical or mental restriction which may cause or contribute to personal injury or property damage while participating at the Tournament and if in case I have such a condition, I agree to forthwith nullify the Releases, as the case may be, and withdraw from the Tournament.

I further agree by signing this Release, I shall indemnify and hold any of the Releases harmless from any and all liability or costs, including legal fees, associated with or arising from my participation at this tournament.

I acknowledge that I have read this Release and that I understand the words and language in it. I sign this Release freely and voluntarily.

| Signature: | Date: | |
|--|-------|--|
| (of parent or guardian if under 18 years of age) | | |
| | | |
| | | |
| | | |
| Print Name: | | |









Supper Party & Variety Show

(Free For All)

Join us for a celebration with Shiina Katsutoshi Shihan and friends

Kirkland Reception Hall 16950 Hymus 2nd Floor Kirkland, Qc H9H 3W7

Saturday, December 17, 2022 Time: 6:00pm - 11:00pm

International Cuisine.

Bring your favorite dish & byob.

Get your raffle tickets and get a chance to win door prizes.

Reserve your place.